

WRITER'S GUIDELINES

EDGE LIFE is the leading free, monthly magazine on spirituality, healing, personal growth, metaphysics and holistic living in the Upper Midwest...and beyond. We encourage submissions on our featured topic (right), as well as any personal stories or articles on practical ways to live in balance.

STORY LENGTH & DEADLINE: Stories are to be 700 words or less unless other arrangements have been made. Submissions may be edited for clarity, length and content. Stories are due the 5th day of the month prior to the month of publication (December 5 for the January edition, etc.)

FORMAT: We invite your articles via e-mail (Word — as a .doc file, not the new .docx file — or text documents as a .txt file, or attached to your e-mail message). We accept your hard copy but not handwritten submissions.

REQUIREMENTS: At the end of every submission, provide a brief bio describing who you are and how you can be contacted. E-mail or mail a high-resolution photo (300 dots per inch) to us if you choose. Author photos may be published alongside submissions. Include your name, mailing address, phone and e-mail address with all submissions. Edge Life sends a copy of the printed magazine to all contributors who are published each month.

THE FINE PRINT: Submitting an article does not guarantee publication. Edge Life reserves the right to edit submissions. All copyrights remain with the author. Edge Life requests that the same article not be published in the same geographic region in the same month. The publisher assumes no liability for unsolicited art, photographs, manuscripts or other material. We publish all content of our print edition online at Edgelifenet. Let us know if you choose not to have your work displayed online at Edgelifenet. While there is no payment for articles, we recognize, value and respect the energy and effort it takes to create articles, and the courage to share them with your community.

ART: Color prints and digital images are considered for use by Edge Life magazine. E-mail your high resolution images (300 dots per inch) or mail prints to us as stand-alone pieces or to accompany submissions. There is no guarantee that artwork will be published.

LETTERS TO THE EDITOR: We welcome feedback from our readers via e-mail or fax. Include writer's name, address and daytime phone number. Letters may be edited for clarity or length. We do not guarantee their publication.

EDITOR: Tim Miejan

E-MAIL: editor@edgelifenet

TEL/FAX: 651.578.8969 | toll-free 1.888.776.5687

POST: Edge Life, P.O. Box 25543, Woodbury, MN 55125

2008 FEATURED TOPICS

December 2007: Five Years — 2012

We're five years from the end of the Mayan Calendar and some Christians say we're already in the End Times. What is your perspective on the meaning of 2012 and the significance of these times?

Deadline: November 5, 2007

January 2008: Meditation

Share your tips for beginners and personal experiences.

Deadline December 5, 2007

February 2008: Life Coaching

Share your experience as a client or as a life coach.

Deadline January 5, 2008

March 2008: Healing

Share your personal experience with alternative or complementary therapies.

Deadline February 5, 2008

April 2008: Fitness

Share your fitness secrets that complement a holistic lifestyle.

Deadline March 5, 2008

May 2008: Yoga

Share your tips for beginners and personal experiences.

Deadline April 5, 2008

June 2008: Therapeutic Massage

Share your experience with the healing benefits of massage.

Deadline May 5, 2008

July 2008: Pets

Share your inner relationship with animals in your life.

Deadline June 5, 2008

August 2008: Education

Share info on ways to improve learning and promote holistic living for all ages.

Deadline July 5, 2008

September 2008: Edge Life Expo Preview 1

Share personal stories or articles on holistic living.

Deadline August 5, 2008

October 2008: Edge Life Expo Preview 2

Share personal stories or articles on holistic living.

Deadline September 5, 2008

November 2008: Eating

Share recipes, tips and suggestions for eating holistically.

Deadline October 5, 2008

December 2008: Spirituality

Share spiritual practices and perspectives that have changed your life.

Deadline November 5, 2008